

NORTH LANCASHIRE BRIDLEWAYS SOCIETY
Annual General Meeting - 08/05/2012

1. Welcome and New Members: Eve welcomed all members especially new members Linda and Chloe Woodfield from Heysham and the renewed membership of Lynne Jackson.

2. Apologies: Sarah Webster, Pauline McCartney, Adele McLoughlin, Sue Clowes, Sharon Cash, Jackie Millatt, Bernie Sanderson, Sue White and Cathy Lakeland

3. Minutes of the last AGM 10.05.2011: as a true and accurate record were proposed by Janet Casey and seconded by Frances Clisham

4. Chairperson's and Secretary's Annual Report:

We would like to thank everybody for their help over the last year. We had a variety of speakers and events over the year.

Corrine Maxted - Equine Chiropractitioner

Peter Boustead - Mountain and Moorland Pony Judge

Vyv Wood Gee - Journey from Skye to London

Andrew Wattam - Laminitis

Helen Wain - Rider Biomechanics

Jo Birbeck, Monty Roberts Certified Instructor - Demonstration on Natural Horsemanship to an appreciative audience

Sheila Kissak's organised trip to Your Horse Line for members and friends which was well supported

Christmas Meal at the Smithy Holme attended by ten members

NLBS has prepared a report for the North West Coastal Trail which is ongoing.

We now have thirteen maps and routes in the area printed by Rose and Ann for sale at £3:50

Sheena has produced two Newsletters over the year but is always grateful for articles.

We have dealt with various enquiries on wind turbine proposals and slippery roads

This year we hope, with your help, to concentrate on improving bridleway gates in the area. Please ride the bridleways near you and report back any problems with the gates.

Those who ride the shore in the Bolton-Le-Sands area will have benefited from our new gates. Our thanks to Mr Archer for adjusting the gate by the cattle grid on to the shore.

After a wet winter we hope you have some great rides this summer.

5. Treasurer's Report:

Sheila Kissack circulated copies of the accounts, NLBS has £ 5844 in the current account and £ 6611 in the deposit account

6. Membership Secretaries' Report:

Currently there are 309 members. There have been 21 new members since May 2011. However, the not-so-good news is that 81 members subs are still overdue for 2011. The 81 are in addition to the 114 subscriptions now due for 2012 and in view of the increased price of postage stamps it seems like a good time to encourage as many members as possible to consider setting up a standing order for either joining or renewing their membership. Paying in this way avoids postage costs both for you and the Society and can be stopped at any time by contacting your Bank or via online banking.

Copies of membership forms and requests to pay by standing order are available on the website and there are a few copies of each form on the table if anyone would like to pick one up tonight. They can also be downloaded from the NLBS website.

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|------------------|-------------------|
| Overdue subs | 81 |
| Due May 2012 | 114 |
| Due May 2013 | 12 |
| Due May 2014 | 5 |
| Standing Orders | 85 |
| Honorary Members | <u>12</u> |
| | <u>309</u> |

7. Election of Officers

Chairperson: Eve Hall p Janet Blackburn s Linda Dobson

Vice Chairperson: Vacant

Secretary: Kay Edwards p Jan Crooks s Frances Clisham

Treasurer: Sheila Kissak p Diane Richmond s Julie Sico

Membership Secretaries: Kate Lennox and Adele McLoughlin p Julie Sico s Jan Crooks

Minutes Secretary: Andie Awde p Helen Wain s Anna Twiname

Newsletter: Sheena Robinson will continue

e-mail circulation: Linda Hobson p Helen Wain s Diane Richmond

Speakers: Julie Sico p Liz Davison s Janet Blackburn

Webs Site co-ordinator: Catherine Dawson p Janet Casey s Sally Horton

Members' Records in Membership Book: Celia Dixon

NLBS Brochure: Janet Casey

Mailing Secretary: Carley Colquhoun

8. Any Other Business: None

NORTH LANCASHIRE BRIDLEWAYS
Ordinary Meeting - 08.05.2012

1. Welcome and New Members: Eve welcomed all members especially new members Linda and Chloe Woodfeld from Heysham and renewed member Lynne Jackson.

2. Apologies: Sarah Webster, Pauline McCartney, Adele McLoughlin, Sue Clowes, Sharon Cash, Jackie Millatt, Bernie Sanderson, Sue White and Cathy Lakeland

3. Minutes of last Meeting 13.03.2012: Amended to include notification of slippery road surfaces, item 8) www.lancashire.gov.uk were considered to be a fair and accurate record proposed by Frances Clisham and seconded by Janet Casey.

4. Matters Arising: None

5. Whittington Races/Kirkby Lonsdale Charity Ride: Eve thanked all members for their valuable help at Whittington Race when we received a donation of £500 from the Race Committee and their thanks once again.

6. Gate at Bolton-Le-Sands: the gate by the canal has now been adjusted to open smoothly .

7. Update on Cantsfield crossing of River Greta: the legal services are to make orders as a number one priority, everyone involved is happy with the positioning of the new crossing of the River Greta and work is scheduled to start soon.

8. Slippery Road Surface at Hest Bank: Kay and Eve have reported this matter to the local parish council to add to their next agenda . The more reports the better to the Parish Council or Lancashire County Council tel: 08450530011 or go on-line, write to your MP, plus support from horse people on face book. Members were urged to keep on agitating.

9. Cross Bay Ride - 14.05.2012: Unfortunately the sand was too unstable for the last to ride to take place. It is hoped to arrange another when conditions are more favourable. For and update contact Phyllis Capstick on 01729 850295

10. Carriage Driving Taster: 13.06.2012 at 6pm at Hampsfield Hall Farm, Nr Cartmel, LA11 6HL. To book a place contact Julie Sico, horsejulie@yahoo.co.uk or call 07951670625.

11. Any Other Business:

(i) Eve reported that the ride in memory of Sue Gill, which took place in Cartmel, raised approx £1,000 for St Mary's Hospice at Ulverston. A big thank you to all who participated and helped, especially on the gates.

(ii) Lancaster Three-Tier Forum under Josh Mynott will again be discussing the extension of Lune Millennium Path (first discussion 2007). Comments will be taken into account when updating the Action Plan.

(iii) Due to the considerable rise in postage, Kate asked all members who can receive the Minutes and Newsletter by e mail to contact her or Adele or Linda for the Newsletter as soon as possible. If you are a paid up member and have received neither of these, please contact one of the above.

(iv) Rides: Dolphinholme Ride, Saturday 09.06.2012, horsechestnut5@hotmail.com

Catherine Turner, Registered Physiotherapist and herself a rider, of Physio 4 Horse Riders gave an excellent talk on rider muscle imbalance and the effects on riding position. Certainly most of the audience learnt a great deal of what not to do and guidelines on how to correct this. A big thank you to Catherine and India who acted as 'guinea pig'.

Date of Next Meeting at Hest Bank Memorial Hall

Tuesday 12th July 2012 at 7.30

**Speaker: Newly qualified farrier Callum Garvey of Vale Farriery, Burton-in-Kendal
Up to Date Thoughts on Laminitis
Please come along and bring a friend**

Additional Info

Hincaster Trailway Group

Thursday 31 May – Sustrans work party

Forget the Gymn, come along and help us build the new wheelchair track. All activities suited to the active gardener. 10.00 – 16.00 and 19.00 – 21.00. Follow the signs from Hincaster village green. Tea and home made cake for the workers!! Dogs welcome on leads. Dress for the weather, bring gardening gloves. NB All volunteers must wear steel toe capped boots.

Tel 015395 61243 or visit www.hincastertrailway.co.uk for further details.

Thursday 21 June - Hincaster Trailway Group AGM 7.30pm The Athenaeum, Leasgill, Heversham

Saturday 23rd June - CITO work party

Sunday 1st July YFC - Community Challenge

Sunday 12 August - Geocache Wheely event

Wednesday 22nd August – Milnthorpe Family Centre Bug Hunt

Saturday 9 June 2012 - Dolphinholme School Ride

12+miles up to 24+ miles. Start from Cinder Hill Farm, opposite Fleece Inn (follow signs for Wyreside Fisheries from M6 Jct 33). Start between 9.30 - 11.00am.

£12.50 if paid before 1st June 2012, send SAE for map. £15.00 on the day.

Cheques made payable to "Dolphinholme School Governors".

Please return form together with cheque and SAE to: Michael Helm, Malten Farm, Hampson, Lancaster LA2 0JB

Monday 20 June 2012 - Does your horse look good naked? 18.30 – 21.00

Wild Duck Hall, Bolton-le-Sands, Carnforth, Lancs, LA5 8ER.

Ever wondered why your horse looks better under saddle or loose in a field? Experienced, qualified, coaches aim to provide some answers through discussion and practical demonstrations/explanations. Further details ring Hiliary Wakefield on 07976 233695

Equitation Science Clinic Lisa Ashton Sunday 1st July 10.00-17.00

Jigsaw, Backhouse Stables, Off Hall Lane, Mawdesley, Lancs, L40 2QY. Bring your own seat and refreshments. Lisa is the highest qualified equitation science horse trainer in the UK. for more info

www.equitationsscience.com To book contact Sue Carr 01704822821 or email

admin@equinextra.com

Friezland Trec 2012, 15th and 16th September 13th Annual Event

COP and the POR on the Saturday and the PTV on the Sunday - with the PTV open up to anyone that wants to have a bash at that on its own.

Treales School Charity Ride, Sunday, 16 September 2012.

Contact Lynne on 01772 690454, email lynne.jackson56@btinternet.com

Our Treasurer has asked that any members who are presently receiving their minutes via post might consider having them sent by email instead to reduce costs both for printing and postage. If you would like to make this change to your membership details please hit reply and in the subject line put 'requesting NLBS minutes by email', or otherwise inform one of the following membership secretaries, Kate Lennox or Adele McLoughlin. If for some reason you are currently not receiving the minutes please do let us know.

For anyone planning to ride the North Yorkshire Moors & DR. The Moors Inn at Appleton-le-Moors has closed (hopefully not for good). Always a good 'stop off' on the 'Original' Moors and dales Ride route so this news is a bit disappointing, there is the possibility of an alternative at the pub at Cropton - but its a bit off the route.

What is P4C

Paths for Communities is a funding scheme set up to develop and enhance the network of Public Rights of Way (PROW) in England in order to deliver benefits to rural areas. Local community partnerships are eligible to bid to Natural England for funds.

For more details:-

<http://www.naturalengland.org.uk/ourwork/access/rightsofway/p4c.aspx>

Do you sometimes feel tense? If you answer YES to any of these questions then you would benefit from help by Coaches who can make a real difference.

CONFIDENT RIDER – CONFIDENT HORSE when you are riding do you sometimes feel tense?

Does riding sometimes feel uncomfortable or painful? Find it difficult to focus? Feel anxious or nervous? If you answer Yes to any of these then you may benefit from help by coaches who make a real difference. We work holistically to ensure that your mind and body work in harmony. So you can understand the importance of correct posture for you and your horse and translate the 'what to do' of riding into 'how'. Riding requires mental, emotional and physical agility. We have exercises and techniques to help you achieve balance in all three areas:

- NLP (Neuro Linguistic Programming) - Coach Christine Worthington, Master NLP Coach
- Rider Biomechanics - Coach Helen Wain, BHSAI, RWYM Coach

First session – Wednesday 13 June 2012 - 7:00 to 9:00 pm

Includes small group work and individual time on Bob – horse simulator

Second session – Saturday 16 June 2012 – 1:00 to 4:00 pm

Bring your own horse to continue from the first session, putting into practice what you have learned with individual coaching on mind and body to enable you to achieve a relaxed, balanced and confident ride! (Work in pairs, trios including preparation for riding). Workshop held at Jigsaw (Mawdesley Equine Trust) Backhouse Stables, Off Hall Lane, Mawdesley, Lancs L40 2QY

Two sessions is £65.00. To book a place phone 07835918644 or email

cmworthington@btinternet.com

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